

FITNESS ACTIVITIES

10.00

11.15

16.30

LUNEDÌ
MONDAY

SOFT STRETCH
SKY POOL

ACQUAGYM
INTERNATIONAL POOL

PILATES
SKY THEATER

MARTEDÌ
TUESDAY

SOFT GYM
SKY POOL

ACQUAGYM
INTERNATIONAL POOL

GROUP DANCE
SKY THEATER

MERCOLEDÌ
WEDNESDAY

STRETCHING
SKY POOL

ACQUAGYM
INTERNATIONAL POOL

SOFT GYM
SKY THEATER

GIOVEDÌ
THURSDAY

PILATES
SKY POOL

ACQUAGYM
INTERNATIONAL POOL

ZUMBA
SKY THEATER

VENERDÌ
FRIDAY

WAKE-UP STRETCH
SKY POOL

ACQUAGYM
INTERNATIONAL POOL

GROUP DANCE
SKY THEATER

SABATO
SATURDAY

STRETCHING
SKY POOL

ACQUAGYM
INTERNATIONAL POOL

ZUMBA
SKY THEATER

DOMENICA
SUNDAY

WAKE-UP STRETCH
SKY POOL

ACQUAGYM
INTERNATIONAL POOL

SOFT GYM
SKY THEATER